

# POLAREXPLORERS

## ARCTIC CIRCLE TRAIL



### One Of Greenland's Best Kept Secrets

*The Arctic Circle Trail is a classic trail on the west coast of Greenland that is highly regarded for its remote beauty and access to Greenland's remarkable terrain. Travelled mostly in the summer by experienced trekkers we will be among the few expeditions to traverse the trail by ski and pulk. This exciting route runs 165 km (103 miles) from Kangerlussuaq, which is at the end of a long fjord and close to the edge of the Greenland icecap, to Sisimiut which is a picturesque coastal town where modern and traditional culture exist side by side. We are above the Arctic Circle for the duration of the expedition and our most likely companions will be muskoxen and reindeer - and hopefully some aurora borealis! During the expedition we will traverse the Aasivissuit - Nipisat UNESCO World Heritage Site, home to important hunting grounds for more than 4,200 years. Expect temperatures from +10 degrees Fahrenheit to -20 degrees Fahrenheit, and lots of wind. We'll be ready for anything as we traverse this treasured trail.*





**Skill level:**



This training starts at level 3 and progresses to level 4.

**Level 3:** When you are proficient in the basic and intermediate skills of any sport and are ready for long days, challenging weather, backcountry camping and a chance to push your limits without going over the top, this is your level. Prepare in advance for some strenuous days in order to fully enjoy this adventure.

**Level 4:** Your level of skill and physical conditioning must be high. You will encounter adverse conditions that will test your abilities. You'll spend 24 hours a day in some of the most extreme conditions the planet has to offer. Trip specific preparation is required.

**Distance:** 165 km (103 miles) +/- depending on conditions and exact routing.

**Duration:** 10 nights camping, 3 nights indoors.

**Sled weight:** 40kg + depending on your personal kit and lunch snacks.

**Location:** Kangerlussuaq, Greenland to Sisimiut, Greenland.

## Daily Itinerary

**Pre-expedition:** Arrive in Kangerlussuaq, Greenland.

**Days 1 & 2:** We will meet in Kangerlussuaq and kick off the the expedition by spending the first two days in town preparing, packing and reviewing expedition skills. Hotel accommodations and meals are not included.

**Day 3-13:** Get ready to start skiing! Heading west out of Kangerlussuaq we start the ACT 17 km west of Kangerlussuaq and for the next 150 km we'll be navigating our way over lakes and hills, around mountains and along rivers. The weather in Greenland can be fickle and we can expect clear cold days with blue skies or windy days that block our visibility with blowing snow - sometimes both in the same day! We plan to ski every day unless the weather dictates that we stay in our tents. With 12 hours of sunlight we will make use of every minute. This means waking during twilight hours after 6 AM and breaking camp before 9 AM and skiing for 7-10 hours as necessary before setting up camp and making dinner before nautical twilight ends around 9:30 PM. Then it's time to crawl into our sleeping bags for a good nights rest. Keep your fingers crossed that we will get some good aurora borealis! We plan to arrive in Sisimiut on or around the 11th day of skiing.

**Day 14:** End of expedition. Depart for home or stay a day or two and enjoy this awesome town, the second largest in Greenland!





## Ask us for references!

We have guided hundreds of people in the polar regions. Ask us for references from your city or country and we will put you in contact with someone who has done our expeditions and can give you the “inside scoop”. References can be the BEST way to learn about a training or expedition.

## Getting there:

Kangerlussuaq is accessible by Air Greenland from Copenhagen via Nuuk several days a week. Please contact them directly for flight information (+299 34 85 85, [airgreenland.com](http://airgreenland.com)). From Sisimiut you can return to Copenhagen via Nuuk or Kangerlussuaq or you can fly to Iceland via the east coast of Greenland with Icelandair. Trip cancellation, medical evacuation and search and rescue insurance are all required.

## Additional information:

Please contact us for links to our expedition videos, expedition reviews, equipment checklist, dates and rates and FAQ.

## Meet us!

We are always free to meet you, check your gear, or discuss your expedition via Skype or Google. Give us a shout!



# WANT TO JOIN? HERE'S HOW:



1

## Complete and return our application.

To join one of our trainings or expeditions you'll need to complete and return our [online application](#). You can also request an application by emailing [annie@polarexplorers.com](mailto:annie@polarexplorers.com).

2

## Reserve your space with a deposit.

A 25% deposit will reserve your space on any training or expedition. Contact us at [annie@polarexplorers.com](mailto:annie@polarexplorers.com) to request an invoice for your deposit. Deposits can be paid by wire transfer, credit card or USD check. Currency exchange fees and credit card processing fees may apply.

3

## Review your eConfirmation Kit.

Upon receipt of your completed application and deposit we will send you a comprehensive eConfirmation Kit that includes all the information you need to prepare for your training or expedition including what to expect, what to pack and how to prepare. From this point on we are always available answer any questions and to offer assistance during your preparations.

4

## Get ready!

All of our expeditions require varying degrees of preparations. There will be forms to complete and travel insurance to purchase. We can assist you with any of these requirements. Some of our expeditions also require physical and mental preparations or participation on our [Polar Shakedown Training](#). We are always available to talk with you about training regimens and to help you prepare as best as possible.

5

## Let the adventure begin!

As the expedition approaches we will be in touch on more regular basis. We will meet you at the expedition or training starting location and check your kit to ensure you have everything you need. With your preparations behind you now is the time to let the adventure begin. We will be right beside you to help you make the most of the expedition!



Connect with us!



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